

isla & co.

WTF IS AUSTRALIAN
FOOD ANYWAY?

Enjoy a small slice of Australia without
the 20 hour flight



You can't drink all day
if you don't start in the morning...

~~COCKTAILS~~

EARLY BIRDIES

COCKYS



Bloody Mary 13

vodka, our spectacular house-made bloody mary mix
here's to last night's mistakes, & to today's new ones



Espresso Martini 15

vodka, Mr. Black Coffee Liqueur,
fresh espresso
if you know, you know



East Side Spritz 15

gin, aloe, lemon, cucumber, sparkling wine
a little spritz in your step



Isla Mimosa 12

oj, orange liqueur, sparkling wine
name a better way to get your vitamins



Basil Gimlet

spiced pineapple, lime, basil infused vodka
go ahead, you deserve it

15



All cocktails available all day

COCKTAILS

NIGHT OWLS



Cheeky Negroni

13

mezcal, campari, sweet vermouth, cynar
the name says it all



Smoke Show 15

mezcal, passionfruit, lime, habanero
smoke & spice & everything nice



Manhattan 13

rye, amaro, dry vermouth,
orange bitters
smooth, strong, and always in style.



Margot Robbie 15

tequila, pamplemousse, toasted sesame,
lemon, honey
Vibrant, daring, and irresistibly charming



Off To The Races 15

bourbon, amaro, raspberry, grapefruit,
bay leaf
excitingly smashable

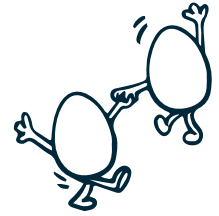


BRUNCH (UNTIL 4PM)

Smashed Avocado Toast (vg, gfo) 16

multigrain toast, smashed avocado, marinated feta, pickled onion, heirloom tomatoes, salsa verde, toasted seeds

ADD bacon 4, poached egg 3, smoked salmon 8, hash browns 5, garlic mushies 6



Kimchi Sambal Scramble (vg, gfo) 19

multigrain toast, soft scramble, kimchi, marinated feta, chili crunch, scallions

ADD bacon 4, avocado 4, smoked salmon 8, hash browns 5

Mushroom Toast (vg, gfo) 20

multigrain toast, sauteed mushrooms, garlic, baby kale, chimichurri whipped ricotta, poached egg, parmesan

ADD bacon 4, avocado 4, smoked salmon 8, hash browns 5

Breakfast Roll (gfo) 17

toasted brioche bun, scrambled egg, smoked bacon, cheddar cheese, hash brown, special sauce, french fries

ADD avocado 4, sambal (hot) sauce .5

Breakfast Burrito 18

flour tortilla, scrambled egg, smoked bacon, crunchy hashbrown, cheddar cheese, chimichurri, french fries

Mini "Big" Brekkie (gfo) 14

multigrain toast, smoked bacon, spiced beans, fried egg, hash brown

Make it an actual "big brekkie" (4 pcs of bacon, 2 fried eggs and 2 hash browns) +4

SIDES

Toast / GF Toast 3

+ Seasonal Jam 3

+ Vegemite 3

Avocado 4

Poached/Fried Egg 4

Bacon (2 PC) 4

Chicken Salt Fries & Aioli 7

Salmon Lox 8

Garlic Mushies 6

Spiced Beans 4

Pulled Pork Hash (gfo) 20

multigrain toast, sautéed potato hash, pulled pork, poached eggs, hollandaise, fried parsley, chili threads

ADD avocado 4, bacon 4

Strawberry Cheesecake Waffles 18

toasted sugar waffle, spiced apple, strawberry cheesecake, cinnamon crumble, fresh strawberries



FOR THE TABLE (ALL DAY)

Kangaroo Tucker (gf) 19

traditional australian rubbed kangaroo skewers, herb tahini, cucumber salad, pickled onions, chili crunch, cilantro

Kung Pao Fried Cauliflower 15

crispy sweet spicy battered cauliflower, chili, cilantro, fried shallots, chimichurri

Thai Spiced Squid (gf) 19

crispy thai spiced squid, chili, lemon cheek, cilantro, miso ranch



Spicy Chicken Wings (gf) 16

isla's famous sweet sticky chili glazed wings, cilantro, scallion, chili, miso ranch

Truffle Fries (gf) (vg) 9

french fries, truffle oil, green parmesan, fried parsley, aioli

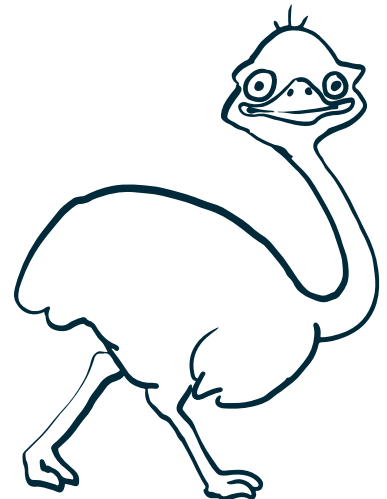
Don't forget to tag us
@islaandco

Hummus Plate (vg, gfo) 15

toasted multigrain, marinated feta, pickled onions, green olives, chimichurri, toasted multigrain

Sausage Rolls 16

thai spiced pork mince, puff pastry, sweet chili sauce



BOWLS & SANDOS

(ALL DAY)

Sandwiches...
or burgers

Isla's Power Bowl (gf) (vg) 18

quinoa, sauteed mushrooms, avocado roasted yams, grilled broccolini, marinated feta, cilantro, sambal emulsion, toasted seeds

ADD grilled chicken 6, shrimp 8

Green Caesar Salad 17

baby gem lettuce, crispy parmesan wafer, caesar dressing, green parmesan, fried parsley, fried onions

ADD avocado 4, bacon 4, grilled chicken 6

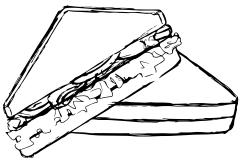
Lemon Broccolini Orecchiette (vg) 17

lemon pesto, capers, garlic crumb, fried parsley

prawns ...in AUSTRALIA we call em prawns

Spicy Shrimp Vodka Rigatoni 23

pomodoro sauce, double cream, calabrian chilies, toasted garlic crumbs, fried herbs



Different
ways to say
"sandwich" in
Australian:

*sammy

*sando

*sanga

*sandy

The "OG" Burger* (gfo) 21

toasted brioche bun, beef patty, double cheese, miso onions, smoked bacon, pickles, special sauce, french fries

Isla's Cheeseburger* (gfo) 18

toasted brioche bun, beef patty, double cheese, pickled onions, deli pickles, ketchup, mustard, french fries

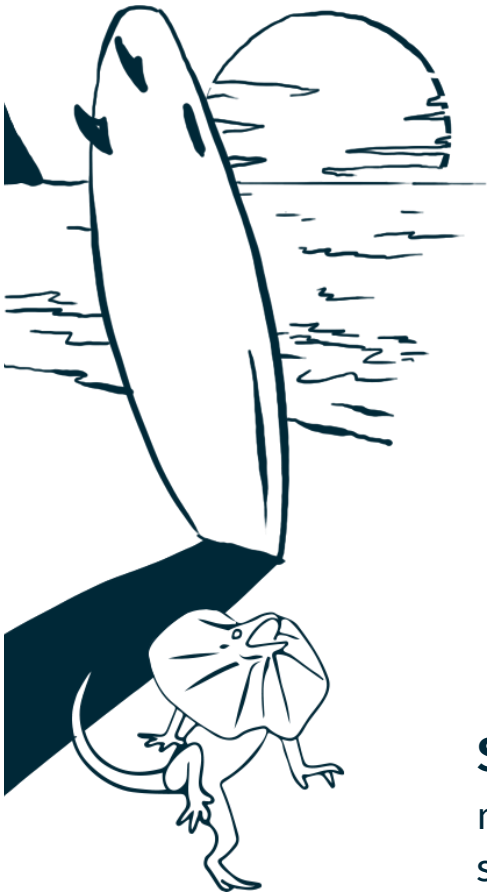
Crispy Chicken Sando 19

toasted brioche bun, crunchy breaded chicken breast, sticky chili glaze, gem lettuce, pickles, miso ranch, french fries

Fried Fish Sando (gfo) 22

toasted brioche bun, battered atlantic cod, tartar sauce, gem lettuce, pickles, french fries

(AFTER 5PM)



Green Thai Curry (v) (gf) 24

roasted seasonal vege, white rice, green coconut curry base, cilantro, lime, fried shallots

ADD grilled chicken 6

Fish And Chips (gf) 26

battered atlantic cod, dressed herbs, french fries, citrus tartar, lemon cheek

Best-selling meal at every
single pub in Australia

Aussie Chicken Parma 25

parmesan herb crumbed chicken cutlet, pomodoro sauce, cheddar cheese, french fries, herb salad

Steak Frites (gf) 32

marinated steak, french fries, mixed greens, béarnaise sauce, chimichurri

Did you know: 98% of Aussies live with-in an hour of the ocean so you can guarantee almost everyone has a local fish and chip shop

SWEETS

(AVAILABLE ALL DAY)

Sticky Date Pudding 14

salted caramel sauce, whipped chantilly cream, salted pretzel praline

Biscoff Tiramisu 14

biscoff tiramisu, tim-tam crumble, raspberries, petals

Affogato

12

Vanilla ice cream, house espresso, salted pretzel praline

ADD tim tam 2





WINE

A party without alcohol is just a meeting.
Don't make it a meeting

SPARKLING

Torresella Prosecco,



12 | 48

Veneto Italy

bright & lively, fresh citrus & green pear, balanced & dry

Filipa Pato 3B Método Tradicional Brut Rosé NV



14 | 56

Beiras, Portugal

fresh cherry, crisp acidity, dry finish with lingering minerality

WHITE

Ovum, Big Salt, White Blend



12 | 48

Southern Oregon, USA

a beautiful blend of pineapple & almost beach-like texture, flowers on the nose

Gabrielskloof, Sauvignon Blanc

16 | 64

Western Cape, South Africa

multi layered with zesty citrus, toasted almond, & a hint of tropical fruit

Marc Pesnot Coeur De Raisin, Melon de Bourgogne



14 | 56

Lorie Valley, France



Rich with ripe fruits, balanced with bright acidity & minerality

natural

organic

crushable

ROSÉ

La Patience, Nemausa, Grenache  
Rhône Valley, France

12 | 48

aromas of strawberry, mouth watering acidity with a touch of watermelon & a dry finish

ORANGE


Field Recordings, Skins, Chenin Blanc Blend  
Central Coast, California

14 | 56

full of fruity flavors without being sweet, nice minerality adding depth & brightness

(no good story started
with someone eating a salad.)

RED

Gaspard, Cabernet Franc 
Loire Valley, France

12 | 48

lively, peppery, a black cherry fruit bomb

Celler 9+ Negre 2N, Cabernet Sauvignon, Garnacha
Catalonia, Spain

16 | 64

low end tannins with dark fruits, crisp rhubarb, & a velvety finish

Coujan La Pinot Noir  
Loire Valley, France

14 | 56

juicy & light, a real thirst quencher

Natural  Organic  crushable 

BEERS

No, we do NOT and will
not be serving Fosters

Coopers Pale Ale
Adelaide Australia

9

We've tried almost every beer in Australia,
and Coopers Pale Ale is the best



Narragansett Lager
Providence, Rhode Island

7

Riesseldorf Kölsch
Cologne, Germany

9

5 Boroughs IPA
Brooklyn, New York

9

Shacksbury Classic Dry Cider
Champlain Valley, Vermont

9

AUSSIE TRIVIA:

Former Australian Prime Minister Bob Hawke held the
Guinness world record for finishing a yard glass (2.5
pints) in 11 seconds - that's what we call a politician

You can't buy happiness but you can buy
COFFEE and that's pretty close

COFFEE



AUSSIE ICED

Batch (12 OZ)	3.50
Espresso / Americano	4.00
Iced Coffee	4.00
Macchiato	3.75
Cortado	4.50
Flat White / Cappuccino	4.75
Latte	5.25
Mocha	5.50
Nutella Mocha	6.00
Hot Chocolate	5.00
Aussie Iced Coffee	7.50



ICED COFFEE



MACCHIATO

ADD ONS

Iced	0.50
Almond or Oat Milk	0.75
Extra Shot	2.00
Tim Tam	2.00



Make it a Tim Tam Slam for \$2

You've earned a Cuppa!



TEA

English Breakfast	4.00
Sencha Green	4.00
Chamomile	4.00
Earl Grey	4.00
Lemongrass	4.00
Peppermint	4.00
Iced Black, Iced Berry	4.00



WELLNESS

Matcha Latte	5.50
Tumeric Latte	5.50
Chai Latte	5.50

Melbourne, the self proclaimed coffee capital of the world* has more coffee shops per person than any other city on the planet.

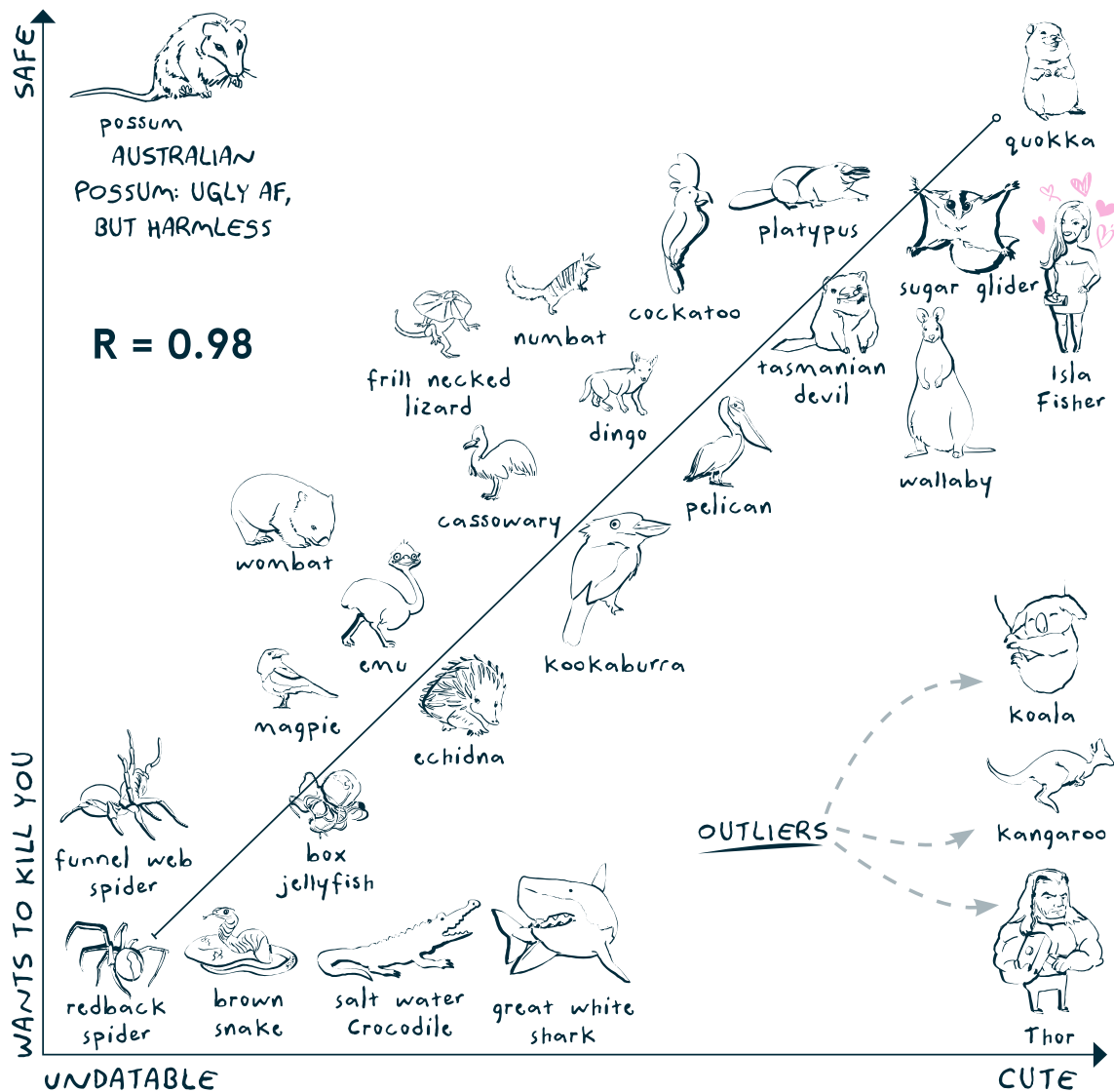


*ALSO KNOWN AS
THE COFFEE SNOB CAPITAL OF THE WORLD

WHAT'S IN A NAME?

ISLA IS PRONOUNCED "EYE-LA" AND WHILE MANY PEOPLE MAY BE FAMILIAR WITH AUSTRALIAN ACTRESS, ISLA FISHER, MOST PEOPLE DON'T REALIZE HOW MANY LITTLE ISLA'S ARE ACTUALLY RUNNING AROUND AUSTRALIA. ISLA IS THE MOST POPULAR GIRLS NAME BACK HOME WITH 1,539 ISLA'S BORN IN 2021 FOLLOWED BY 1,508 CHARLOTTE'S. ISLA IS ALSO SHORT FOR ISLAND, A SUBTLE NOD TO AUSTRALIA BEING THE WORLD'S LARGEST ISLAND...

ISLA & CO GUIDE TO AUSTRALIAN ANIMALS



There is a high linear correlation between Australian animals cuteness and how safe they are. Beware of outliers Kangaroos, Koalas and Chris Hemsworth. Very Cute, but deadly!

INTERESTED IN A PRIVATE EVENT?

whatever your special occasion, we're here to help.
reach out liv@parchedhq.com for a custom quote



HEAD CHEF
Sean Callender

GENERAL MANAGER
Adam Franklin

isla & co.

Cheers mate!



GF = gluten free VG = Vegetarian
a lot of our meals can be made vegan!

*** Items marked with an asterisk *** May be served raw or undercooked; consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Prices do not include sales tax. In an effort to keep our menu pricing down, we're passing on a portion of the credit card processing fee (2.5%). You can avoid this fee by paying cash! 20% gratuity is automatically added for groups of 6 or more.



BECOME OUR MATE TO SCORE A FREE DRINK FOR YOUR NEXT VISIT!

(We bloody love our mates — the more
you visit, the more we treat you!)

Scan to get your first reward!

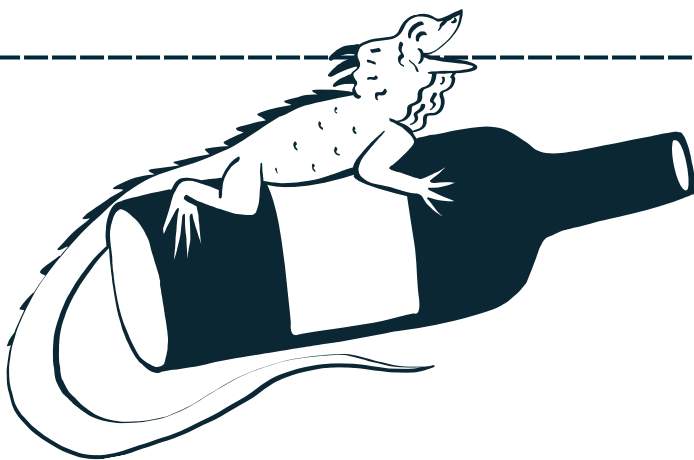


Earn 10 points per \$1 spent

Free drink OR fries just for signing up

Birthday perks every year

Extra rewards for bringing a friend



* Reward valid for next visit only. Not redeemable on same day of sign-up.